

Iowa High School Swim Coaches Association
Boys' Power Ratings
50 Yard Freestyle Top Times

State Record:0:20.32
 State Cut-Off:0:22.77

National Record:0:19.43
 Last Updated: 2/18/2011

Automatic All-American:0:20.91
 Consideration All-American:0:21.21

Place	Time	Name	Year	School	Date	Meet
1	0:21.07	Ben Loeffelholz	12	Dubuque Hempstead	2/12/2011	State Meet
2	0:21.3	Josh Gill	10	Dubuque Senior	2/12/2011	State Meet
3	0:21.33	Brian Bacon	12	Marshalltown	2/12/2011	State Meet
4	0:21.4	Kaisen Yao	11	Iowa City West	2/5/2011	District Meet
5	0:21.66	Austin Abbas	12	Cedar Falls	1/22/2011	Cedar Falls at MVC
6	0:21.7	Sam Wiedemeier	12	Ames	2/5/2011	District Meet
7	0:21.72	Tyson Wieland	10	Boone	1/15/2011	SEP Invite
8	0:21.8	Cole Malin	12	Carroll	2/5/2011	District Meet
9	0:21.89	Kris Treiber	11	Muscatine	2/12/2011	State Meet
10	0:21.97	Nate Harris	11	WDM Valley	12/16/2010	WDM Valley vs Southeast Polk
11	0:21.98	Scott Allison	11	Cedar Rapids Washington	2/12/2011	State Meet
12	0:21.99	R.J. Hemmingsen	9	Lewis Central	12/18/2010	Elkhorn Antlers Invitational
13	0:22	Alex Duster	10	Dubuque Senior	1/22/2011	Senior vs. M.V.C.
14	0:22.04	Brian Ross	11	Johnston	2/12/2011	State Meet
15	0:22.1	Michael Stark	11	Ames	2/5/2011	District Meet
16	0:22.12	Jonathan Fiepke	10	WDM Dowling Catholic	12/18/2010	Dowling Catholic vs Valley
17	0:22.15	Colin Eagan	12	Spencer	1/15/2011	Rusty Garst Invitational
18	0:22.2	Sidney McMillin	12	Iowa City	2/12/2011	State Meet
19	0:22.22	Tyler Calegan	12	Muscatine	1/4/2011	Muscatine v. IC West
20	0:22.27	Haden Calegan	11	Muscatine	12/2/2010	Pleasant Valley @ Muscatine
21	0:22.32	Travis Greenwald	10	Muscatine	2/12/2011	State Meet
22	0:22.34	Tyler Cracraft	10	Johnston	2/12/2011	State Meet
23	0:22.35	Nate Tystahl	11	WDM Dowling Catholic	2/5/2011	District Meet
24	0:22.37	Josh Sund	12	Cedar Falls	12/16/2010	Cedar Falls vs Dub Senior
25	0:22.38	James McCormack	12	Fort Dodge	2/5/2011	District Meet
26	0:22.43	Colin Pearson	11	Fort Dodge	2/5/2011	District Meet
27	0:22.43	Zakary Huebner	12	Southeast Polk	2/5/2011	District Meet
28	0:22.46	Brandon Farnum	10	Lewis Central	2/5/2011	District Meet
29	0:22.49	James Svoboda	12	Carroll	2/5/2011	District Meet
30	0:22.56	Peter Christensen	12	Waterloo West	2/5/2011	District Meet
31	0:22.57	Brenton Tse	12	Pleasant Valley	2/12/2011	State Meet
32	0:22.58	Jacob Klinker	11	Ankeny	2/5/2011	District Meet
33	0:22.6	Matthew Howell	12	Lewis Central	1-22-2011	Lewis Central Invitational
34	0:22.6	Kieran Sweeney	12	Southeast Polk	2/5/2011	District Meet
35	0:22.61	Andy Berntson	12	Bettendorf	2/5/2011	District Meet
36	0:22.68	Seth VanderHorst	12	Ottumwa	12/2/2010	Ottumwa vs Indianola
37	0:22.68	John Beck	12	Pleasant Valley	2/5/2011	District Meet
38	0:22.71	Stephen Wahlig	12	WDM Valley	2/5/2011	District Meet
39	0:22.74	Kristian Anderson	11	Cedar Rapids Jefferson	2/5/2011	District Meet
40	0:22.74	Andrew Howes	11	Clinton	2/12/2011	State Meet
41	0:22.74	Paul Jindrich	12	Muscatine	1/4/2011	Muscatine v. IC West

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Place	Time	Name	Year	School	Date	Meet
42	0:22.75	Chandler Heisler	10	Cedar Rapids Kennedy	1/22/2011	Varsity MVC Conference Meet
43	0:22.79	Drew Bloom	12	Linn-Mar	12/18/2010	Holiday Invite
44	0:22.8	Ben Severino	10	WDM Dowling Catholic	1/29/2011	Dowling Catholic @ CIML
45	0:22.81	Jon Baker	12	Cedar Falls	1/22/2011	Cedar Falls at MVC
46	0:22.81	Ivan Egen	12	Southeast Polk	2/5/2011	District Meet
47	0:22.82	Trent Jackson	10	Muscatine	12/18/2010	Clinton Invite
48	0:22.83	Brett Deters	11	Ankeny	2/12/2011	State Meet
49	0:22.88	Nathan Greve	10	Linn-Mar	2/5/2011	District Meet
50	0:22.88	Derek Yu	10	WDM Valley	2/5/2011	District Meet
51	0:22.89	Seth Wills	12	Ames	2/5/2011	District Meet
52	0:22.89	Matt Boyd	11	Clinton	1/20/2011	Clinton @ Davenport West
53	0:22.89	Cole Fuerste	12	Dubuque Hempstead	2/5/2011	District Meet
54	0:22.92	Taylor Burks	12	Cedar Falls	1/4/2011	Cedar Falls vs Kennedy
55	0:22.92	Stuart St.John	11	Iowa City	2/5/2011	District Meet
56	0:22.93	Ben Claeys	11	Pleasant Valley	2/5/2011	District Meet
57	0:22.94	Josh Lennon	12	Fort Dodge	2/5/2011	District Meet
58	0:22.94	Stuart McMillin	12	Iowa City	2/5/2011	District Meet
59	0:22.94	Chris Sloan	12	Pleasant Valley	2/5/2011	District Meet
60	0:22.98	Travis Schombert	12	Ottumwa	2/5/2011	District Meet
61	0:23.01	Will Day	12	Des Moines Roosevelt	2/5/2011	District Meet
62	0:23.03	Zach McEntee	11	WDM Dowling Catholic	2/5/2011	District Meet
63	0:23.04	Sam Weinberg	12	WDM Valley	2/5/2011	District Meet
64	0:23.1	Teddy Stanton	12	WDM Dowling Catholic	2/5/2011	District Meet
65	0:23.13	Tate Forsyth	12	Dubuque Senior	1/19/2011	Senior vs. C. R. Jefferson
66	0:23.15	Ben Weideman	12	Iowa City	12/7/2010	Iowa City High v. Cedar Rapids
67	0:23.17	Brian Fuchs	12	Dubuque Hempstead	2/5/2011	District Meet
68	0:23.17	Ian Murphy	11	Waukee	2/5/2011	District Meet
69	0:23.18	Jacob Burr	11	Ankeny	2/5/2011	District Meet
70	0:23.19	Ben Kurz	11	Lewis Central	12-14-2010	Ralston at Lewis Central
71	0:23.21	Hunter Hofmaier	11	Des Moines Lincoln	1/6/2011	DM Lincoln at Roosevelt
72	0:23.27	Grant Pomerenk	12	Boone	2/5/2011	District Meet
73	0:23.27	Josh Worthington	12	Cedar Falls	2/5/2011	District Meet
74	0:23.27	James Luth	12	Muscatine	1/20/2011	Muscatine vs. Davenport Central
75	0:23.29	Connor Kenworthy	11	Des Moines Roosevelt	2/5/2011	District Meet
76	0:23.29	Fisher Mollet	11	Sioux City	12/2/2010	Sioux City vs Lewis Central vs
77	0:23.3	Alex Guelcher	11	Sioux City	1/20/2011	Sioux City @ Spencer with Storm
78	0:23.31	Nick Durin	12	Cedar Rapids Washington	2/5/2011	District Meet
79	0:23.31	Colin McAllister	12	Iowa City	12/7/2010	Iowa City High v. Cedar Rapids
80	0:23.33	Lucas Klinker	11	Ankeny	12/16/2010	Ankeny v. Ottumwa
81	0:23.33	Cameron Herting	12	Iowa City	11/23/2010	Iowa City High vs Pleasant Valley
82	0:23.35	Brady St.John	11	Iowa City	1/22/2011	MVC Championships

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83	0:23.36	Brian Hershey	12	WDM Valley	12/16/2010	WDM Valley vs Southeast Polk
84	0:23.41	Matt Krueger	10	Muscatine	1/25/2011	Muscatine vs Davenport West
85	0:23.42	Ian Mart	11	Ames	2/5/2011	District Meet
86	0:23.43	Greg Jenson	12	Des Moines Roosevelt	1/25/2011	Boone vs. Roosevelt
87	0:23.44	Ian Baker	11	Des Moines Roosevelt	2/5/2011	District Meet
88	0:23.44	Sam Stephens	12	Des Moines Roosevelt	1/29/2011	Metro Conference
89	0:23.44	Adam Scafuri	11	Waukee	1/11/2011	Waukee vs. WDM Valley
90	0:23.46	Scott Wilke	12	Cedar Rapids Jefferson	1/18/2011	CRJ vs Dub Senior
91	0:23.47	Joe Bruen	11	Fort Dodge	1/15/2011	Rusty Garst Invitational
92	0:23.47	Anthony Lehnertz	11	Iowa City West	1/22/2011	MVC Varsity
93	0:23.47	Ryan Kitchen	12	Johnston	2/5/2011	District Meet
94	0:23.48	Zach Welp	12	WDM Dowling Catholic	12/2/2010	Dowling Catholic vs Waukee
95	0:23.51	Cody Carlson	10	Johnston	1/29/2011	CIML Conference
96	0:23.57	Jared Littlejohn	10	Muscatine	2/5/2011	District Meet
97	0:23.57	Alex Bodin	10	WDM Valley	1/18/2011	WDM Valley vs Marshalltown
98	0:23.58	Connor Clements	10	Cedar Falls	12/16/2010	Cedar Falls vs Dub Senior
99	0:23.6	Zach Crane	11	Johnston	1/29/2011	CIML Conference
100	0:23.61	Shawn Mauritz	11	Clinton	12/7/2010	Clinton vs Dubuque Senior
101	0:23.61	Erik Orvis	11	Decorah	2/5/2011	District Meet
102	0:23.61	Coner Elliott	11	WDM Valley	1/11/2011	WDM Valley vs Waukee
103	0:23.62	Morgan Barnes	11	Cedar Rapids Washington	12/21/2010	CR Wash vs ICH
104	0:23.63	Bryan Bjorklund	12	Ames	12/16/2010	Ames vs. Dowling Catholic
105	0:23.63	Jason Stewart	11	Pleasant Valley	2/5/2011	District Meet
106	0:23.63	Matt Thornton	12	WDM Dowling Catholic	1/29/2011	Dowling Catholic @ CIML
107	0:23.65	Adam Rieck	11	Johnston	12/9/2010	Ames v Johnston
108	0:23.66	Sam Nilsson	12	Bettendorf	2/5/2011	District Meet
109	0:23.68	Alex Lelonek	11	Ames	1/22/2011	CIML Iowa Conference Meet
110	0:23.69	Michael Stock	12	Sioux City	1/20/2011	Sioux City @ Spencer with Storm
111	0:23.7	Luke Ketelaar	9	Bettendorf	2/5/2011	District Meet
112	0:23.7	Spencer Smith	9	Lewis Central	2/5/2011	District Meet
113	0:23.72	Jimmy Hawk	10	Lewis Central	1-4-2011	Skutt, ONW & B-T at Lewis Central
114	0:23.74	Spencer Schoentag	11	Cedar Falls	2/5/2011	District Meet
115	0:23.74	Keegan Lockhart	12	Newton	1/15/2011	Rusty Garst Invitational
116	0:23.76	Riley Spitzig	12	WDM Dowling Catholic	1/6/2011	Dowling Catholic vs Indianola
117	0:23.77	Gene Nassif	11	Cedar Rapids Washington	2/5/2011	District Meet
118	0:23.77	Glenn VanStaalduine	11	Marshalltown	2/5/2011	District Meet
119	0:23.78	Dylan Johnson	10	Johnston	1/8/2011	Johnston Invitational
120	0:23.79	Aaron Klinker	9	Ankeny	1/29/2011	CIML Central Conference Meet
121	0:23.79	Evan Tuisl	12	Clinton	2/5/2011	District Meet
122	0:23.81	Andrew Sladky	11	Burlington	2/5/2011	District Meet
123	0:23.81	Nick Fisher	12	Waterloo West	2/5/2011	District Meet

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124	0:23.83	JT Tribble	10	Waukee	2/5/2011	District Meet
125	0:23.87	Michael Cahill	10	Muscatine	1/29/2011	Muskie Invite
126	0:23.88	Mitchell Madson	10	Boone	1/15/2011	SEP Invite
127	0:23.88	Grant Linden	11	Iowa City West	12/18/2010	Mercer Invitational
128	0:23.89	Ethan Settle	11	Ankeny	1/6/2011	Ankeny at Johnston
129	0:23.9	Louis DeMarco	11	WDM Dowling Catholic	1/29/2011	Dowling Catholic @ CIML
130	0:23.91	Connor Beard	12	Linn-Mar	12/14/2010	Linn-Mar, ICW, Vinton
131	0:23.92	Roland Henry	11	Sioux City	1/22/2011	Lewis Central Invite
132	0:23.93	Mo Green	12	Cedar Rapids Washington	1/4/2011	CRW vs DS
133	0:23.95	Thomas Burrill	10	Iowa City West	2/5/2011	District Meet
134	0:23.95	Stephen Davick	11	WDM Valley	12/21/2010	WDM Valley vs Ames
135	0:23.98	Gabe Langner	9	Cedar Falls	1/4/2011	Cedar Falls vs Kennedy
136	0:24	Andrew Tuisl	12	Clinton	1/13/2011	Clinton vs. Muscatine
137	0:24.07	Stephen Schmidt	12	WDM Dowling Catholic	12/16/2010	Dowling Catholic vs Ames
138	0:24.09	Mitch Rogers	11	Fort Dodge	1/22/2011	CIML Iowa Conference Meet
139	0:24.11	Sam Raiche	12	Linn-Mar	1/22/2011	MVC Championships
140	0:24.13	Max Ward	10	Des Moines Roosevelt	1/20/2011	Ottumwa v Roosevelt
141	0:24.13	Cale Buck	12	Waterloo East	2/5/2011	District Meet
142	0:24.14	Max McCubbin	10	Boone	1/18/2011	Boone Vs. Carroll
143	0:24.15	Kort Kern	11	Des Moines Lincoln	2/5/2011	District Meet
144	0:24.16	Jake Inghram	11	Cedar Rapids Jefferson	2/5/2011	District Meet
145	0:24.18	Tyler Hemingway	11	Clinton	12/2/2010	Clinton vs Burlington
146	0:24.2	Nate Menuey	11	Marshalltown	2/5/2011	District Meet
147	0:24.2	David Iles	12	WDM Valley	1/11/2011	WDM Valley vs Waukee
148	0:24.22	Will Jesse	11	Sioux City	1-8-0210	Husky Invitational @ DM Hoover
149	0:24.23	Wyatt Rowe	11	Mason City	12/21/2010	Mason City vs Marshalltown
150	0:24.27	Jacob Weiss	12	Mason City	1/13/2011	Mason City vs Spencer