

2020 Boys Swimming All-State Awards

(Individual(s), School, Time)

200 Medley Relay:

1st Team:

Caleb Coons, Forrest Frazier, Isaac Weigel, Bryce Edens; Iowa City High 1:31.58

2nd Team:

James Pinter, Jordan Christensen, Izaak Hajek, Michael Kimball; Iowa City West
1:31.86

Honorable Mention:

Asher Havenhill, Cameron Linder, Andrew Reiter, Eli Waltman; Waukee 1:33.61

200 Freestyle:

1st Team:

Trent Frandson; Ankeny 1:35.68

James Pinter; Iowa City West 1:38.24

AJ Abram; Waukee 1:40.17

2nd Team:

Isaac Weigel; Iowa City High 1:41.12

Lance Swanepoel; Ankeny 1:42.61

Mats McGrath; CR Washington 1:42.66

Honorable Mention:

Cooper Callahan; Linn Mar 1:42.68

Joey Hancock; Dowling Catholic 1:43.98

Nash Perisho; Marshalltown 1:44.60

200 Individual Medley:

1st Team:

Forrest Frazier; Iowa City High 1:45.96

Andrew Reiter; Waukee 1:48.29

Cameron Linder; Waukee 1:50.47

2nd Team:

John Culver; Dowling Catholic 1:52.58

Alex Stone; Bettendorf 1:52.96

Jordan Christensen; Iowa City West 1:54.98

Honorable Mention:

Aiden Carstensen; Linn Mar 1:55.45

Izaak Hajek; Iowa City West 1:56.07

Gavin Phillips; Johnston 1:56.25

50 Freestyle:

1st Team:

Charlie Bunn; Bettendorf 20.18

Diggory Dillingham; Iowa City West 20.67

Sam Mitvalsky; Bettendorf 20.87

2nd Team:

Drew Hawthorne; Ames 20.93

Max Martin; Ankeny 21.04

Trevor Danner; Carroll 21.14

Honorable Mention:

Ryan Boeding; Muscatine 21.20

Luke Johnson; WDM Valley 21.42

Gage Agnew; Dowling Catholic 21.51

100 Butterfly:**1st Team:**

Andrew Reiter; Waukee	48.93
Lance Swanepoel; Ankeny	49.57
Kyle Hopewell; Davenport Central	49.60

2nd Team:

Nick Cavanah; Linn-Mar	50.02
Izaak Hajek; Iowa City West	50.14
Alex Stone; Bettendorf	50.64

Honorable Mention:

Gage Agnew; Dowling Catholic	50.70
Gus Grimstad; Decorah	50.85
Carter Anderson; Bettendorf	50.93

100 Freestyle:**1st Team:**

Charlie Bunn; Bettendorf	44.41
Sam Mitvalsky; Bettendorf	45.69
Diggory Dillingham; Iowa City West	45.85

2nd Team:

AJ Abram; Waukee	46.27
Trevor Danner; Carroll	46.96
Drew Hawthorne; Ames	47.07

Honorable Mention:

Carson Beals; Marshalltown	47.22
Kevin Kretz; Ottumwa	47.28
Jae Swanepoel; Ankeny	47.63

500 Freestyle:**1st Team:**

Trent Frandson; Ankeny	4:26.27
Cameron Linder; Waukee	4:30.87
Isaac Weigel; Iowa City High	4:35.91

2nd Team:

Joey Hancock; Dowling Catholic	4:37.03
Cooper Callahan; Linn-Mar	4:37.67
Brek Stukerjurgan; Ankeny	4:40.17

Honorable Mention:

Tommy Hancock; Dowling Catholic	4:44.81
Cael Elmore; WDM Valley	4:46.70
Reed Wallace; WDM Valley	4:47.40

200 Freestyle Relay:**1st Team:**

Sam Mitvalsky, Noah Mitvalsky, Alex Stone, Charlie Bunn; Bettendorf	1:23.18
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2nd Team:

Max Martin, Weston Miner, Jae Swanepoel, Trent Frandson; Ankeny	1:23.83
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Honorable Mention:

Diggory Dillingham, Kirk Brotherton, Luke Nichols, Michael Kimball; Iowa City West	1:24.00
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100 Backstroke:**1st Team:**

James Pinter; Iowa City West	50.01
John Culver; Dowling Catholic	50.97
Aiden Carstensen; Linn-Mar	51.18

2nd Team:

Brek Stukerjurgan; Ankeny	51.65
Weston Miner; Ankeny	51.72
Nick Cavanah; Linn Mar	51.95

Honorable Mention:

Caleb Coons; Iowa City High	52.08
Asher Havenhill; Waukee	52.21
Ryan Overton; Johnston	52.66

100 Breaststroke:**1st Team:**

Forrest Frazier; Iowa City High	53.15
Jordan Christensen; Iowa City West	56.40
Dylan Jones; Keokuk	57.38

2nd Team:

Kohen Rankin; Sioux City Metro	57.40
Jacob Mohrfeld; Burlington	58.54
Pierce Casper; Dubuque Senior	58.86

Honorable Mention:

Nathan Pollard; Indianola	58.98
Tate Billmeyer; Dubuque Hempstead	59.17
Cade Shepard; Waterloo	1:00.28

400 Freestyle Relay:**1st Team:**

Sam Mitvalsky, Noah Mitvalsky, Alex Stone, Charlie Bunn; Bettendorf	3:02.38
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2nd Team:

Diggory Dillingham, Luke Nichols, Izaak Hajek, James Pinter; Iowa City West	3:05.45
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Honorable Mention:

AJ Abram, Andrew Reiter, Asher Havenhill, Cameron Linder; Waukee	3:06.30
Trent Frandson, Jae Swanepoel, Lance Swanepoel, Brek Stukerjurgan; Ankeny	3:06.30