

# 2020 Girls Swimming & Diving All-State Awards

(Individual(s), School, Time/Score)

## **200 Medley Relay:**

### **1<sup>st</sup> Team:**

Abby Rastetter, Olivia Swalley, Brooklynn Kaster, Izzy Osborne; Johnston 1:46.74

### **2<sup>nd</sup> Team:**

Annie Galvin, Lauren Fisher, Mia Moulden, Gracie Wesselmann; Ames 1:46.77

### **Honorable Mention:**

Ellie Clark, Emma Foth, Cassie Rounds, Maggie Carlson; Dowling Catholic 1:47.46

## **200 Freestyle:**

### **1<sup>st</sup> Team:**

Aurora Roghair; Iowa City West 1:44.30

Jessi Wigham; Waukee 1:48.14

Jade Roghair; Iowa City West 1:52.85

### **2<sup>nd</sup> Team:**

Nora Kemp; Waukee 1:53.48

Mary Sweetman; Dowling Catholic 1:54.15

Eileen Fierke; Fort Dodge 1:55.22

### **Honorable Mention:**

Kolby Reese; Iowa City West 1:56.13

Mikayla Kloth; Ames 1:56.85

Taylor Judas; Waukee 1:56.45

## **200 Individual Medley:**

### **1<sup>st</sup> Team:**

Olivia Swalley; Johnston 2:03.28

Annie Galvin; Ames 2:04.94

Julia Sweetman; Dowling Catholic 2:05.64

### **2<sup>nd</sup> Team:**

Mallory Kell; Waukee 2:05.66

Mia Moulden; Ames 2:07.44

Lydia Johnston; Des Moines Roosevelt 2:09.25

### **Honorable Mention:**

Hayley Kimmel; Linn-Mar 2:09.74

Annie Honkamp; Dowling Catholic 2:11.37

Abby Hala; Ames 2:07.82

## **50 Freestyle:**

### **1<sup>st</sup> Team:**

Meghan Donald; Ames 22.99

Grace Frericks; Cedar Falls 23.56

Carley Caughron; Waterloo 23.59

### **2<sup>nd</sup> Team:**

Abby Lear; Muscatine 24.12

Emma Clark; Cedar Falls 24.13

Hope Cvrk; Sioux City Metro 24.13

### **Honorable Mention:**

Cassie Rounds; Dowling Catholic 24.23

Gracie Wesselmann; Ames 24.46

Waren Graeve; Lewis Central 24.39

**100 Butterfly:****1<sup>st</sup> Team:**

Scarlet Martin; Iowa City West	53.01
Mia Moulden; Ames	56.13
Heidi Stalkfleet; Iowa City High	56.30

**2<sup>nd</sup> Team:**

Mallory Kell; Waukee	56.51
Abby McCorkle; Ames	57.28
Hope Cvrk; Sioux City Metro	57.31

**Honorable Mention:**

Jenna Currier; Carroll	57.90
Ella Hochstetler; Iowa City West	58.93
Julia Sweetman; Dowling Catholic	57.80

**100 Freestyle:****1<sup>st</sup> Team:**

Meghan Donald; Ames	50.63
Carley Caughron, Waterloo	51.17
Mary Sweetman; Dowling Catholic	52.55

**2<sup>nd</sup> Team:**

Abby Lear; Muscatine	52.70
Nora Kemp; Waukee	52.92
Waren Graeve; Lewis Central	53.18

**Honorable Mention:**

Olivia Taeger; Iowa City West	53.60
Aubrey Douds; Norwalk	53.74
Mikayla Kloth; Ames	52.80

**500 Freestyle:****1<sup>st</sup> Team:**

Aurora Roghair; Iowa City West	4:45.78
Jessi Wigham; Waukee	4:48.35
Heidi Stalkfleet; Iowa City High	4:51.22

**2<sup>nd</sup> Team:**

Jade Roghair; Iowa City West	5:02.64
Lydia Johnston; Des Moines Roosevelt	5:08.19
Audrey Repko; Cedar Rapids Kennedy	5:08.26

**Honorable Mention:**

Kolby Reese; Iowa City West	5:12.85
Taylor Judas; Waukee	5:13.69
Brooklynn Kaster; Johnston	5:12.59

**200 Freestyle Relay:****1<sup>st</sup> Team:**

Ella Hochstetler, Jade Roghair, Aurora Roghair, Scarlet Martin; Iowa City West	1:34.34
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**2<sup>nd</sup> Team:**

Mia Moulden, Mikayla Kloth, Gracie Wesselmann, Meghan Donald; Ames	1:34.74
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**Honorable Mention:**

Julia Sweetman, Cassie Rounds, Maggie Carlson, Mary Sweetman; Dowling Catholic	1:35.85
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**100 Backstroke:****1<sup>st</sup> Team:**

Scarlet Martin; Iowa City West	54.14
Annie Galvin; Ames	55.35
Grace Frericks; Cedar Falls	55.42

**2<sup>nd</sup> Team:**

Ceclie Lorenzen; Des Moines Roosevelt	56.35
Abby McCorkle; Ames	56.91
Hannah Cousins; Davenport Central	57.93

**Honorable Mention:**

Abby Rastetter; Johnston	58.10
Alexis Henning; Ankeny	58.93
Ellie Clark; Dowling Catholic	57.86

**100 Breaststroke:****1<sup>st</sup> Team:**

Olivia Swalley; Johnston	1:04.12
Kylee Brown; Lewis Central	1:05.42
Hayley Kimmel; Linn-Mar	1:05.65

**2<sup>nd</sup> Team:**

Taylor Buhr; Pleasant Valley	1:05.78
Emma Foth; Dowling Catholic	1:06.29
Annie Honkamp; Dowling Catholic	1:07.41

**Honorable Mention:**

Anja Peck; Ankeny	1:07.65
Eileen Fierke; Fort Dodge	1:07.67
Torin Lackmann; Norwalk	1:07.64

**400 Freestyle Relay:****1<sup>st</sup> Team:**

Jade Roghair, Olivia Taeger, Aurora Roghair, Scarlet Martin; Iowa City West	3:23.73
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**2<sup>nd</sup> Team:**

Nora Kemp, Taylor Judas, Mallory Kell, Jessi Wigham; Waukee	3:29.53
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**Honorable Mention:**

Sophie McCorkle, Mikayla Kloth, Annie Galvin, Meghan Donald; Ames	3:30.60
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**1 Meter Diving:****1<sup>st</sup> Team:**

Makayla Hughbanks; Bettendorf	505.70
Ciara Wheeler; Johnston	484.25
Sydney Hanson; Bettendorf	478.75

**2<sup>nd</sup> Team:**

Nat Freeman; Cedar Rapids Jefferson	455.95
Addi Kamienski; Johnston	447.25
Erica Peters; Ankeny	446.60

**Honorable Mention:**

Abby Hutchins; Johnston	445.90
Corrin Williams; Linn-Mar	440.90
Hannah Taylor; Marshalltown	438.05